

Planting a Fall Garden

by *avant*
GARDEN® DÉCOR



Growing your own vegetables saves you money while creating a homegrown supply of fresh foods.

Why plant a fall garden?

Spring crops vacate space that can allow for summer sowing and fall harvesting. **MAXIMIZE** your garden's production by planting in the summer and eat fresh in the fall.

PLANTS FOR A FALL GARDEN:



GETTING STARTED...

STEP 1

Remove dead spring plantings and add to your compost pile.



STEP 2

Refresh your soil using a compost mixture.



STEP 3

Plant your fall vegetables according to package instructions – be cognizant of light and water requirements.



STEP 4

In spaces that aren't being used to produce crops consider planting red clover or annual rye grass to turn over in the spring and add nutrients to the soil.

Using Raised Garden Beds

Gardeners have their own preference for why they employ raised beds for gardening. The most popular reasons include:

- Economically efficient – Raised beds save money on water and fertilizer as you only apply to the raised bed where the crops are growing, not all the space between as done in a normal garden layout

- Less weeding – Weeds can't flourish in densely grown areas because they are unable to compete with the root systems in a raised bed

- Longer growing season – Raised beds offer a warmer environment for soil and therefore can lengthen the growing season. Additionally, the soil also dries out faster so cool-season crops can be planted earlier, too.

- More comfortable – The height offered by raised beds can make gardening a more comfortable and enjoyable hobby. Backs, shoulders, and knees will be thankful for not continuously hunching over.



- Protect against critters – Creating your raised beds at hip height can act as a defense against moles, rabbits, groundhogs, and more



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